



2010 NJ YMCA State Championships Time Trial Information

The N.J. YMCA State Championship Committee has agreed to have Time Trials between the Trial and Finals sessions at the 2010 13/Over N.J. YMCA State Championships. The following is the meet information.

- Start Time** Approximately 20 minutes after the end of preliminary competition. Warm-ups will take place during the competition of the preliminary events in the warm-up/warm-down pool, and will continue in pool 2 (non championship pool) throughout the remainder of the competition.
- Eligibility** Time trials are only for athletes participating in the State Championship Meet
- Cost** \$6.00 per entry – **limited to only 1 time trial per day.**
- Time Standards** + .50 per 50 yards of each event, (ie. 50 free is 26.49, the time trial standard is 26.99, if the 500 free is 5:25.99 the TT standard is 5:30.99)
- Deadline** Entries will begin to be accepted at 10 am and will be closed by 11:00 am.
- Location** Time Trial registration will take place at the pool 2 table (non championship pool). Please try to have your swimmers have exact change. In addition a TM file for Time trials will be sent out along with the meet information so coaches can pre-register their swimmers. **SEPARATE CHECKS FOR TIME TRIALS ENTRY FEES PLEASE.**
- Events** Events will be the events of the day, but 500's and 400 IM's will be swum last and may be limited to specific number of heats if the time line is full. We will **NOT** delay the finals for time trials so events may be eliminated. Events will be swum as an open event when the events of the day are the same for both 13/14 and 15/18 age groups.
- Timers** Parents of swimmers who are participating will be required to time or the session will not take place and entry fees will be returned. Your team's co-operation will be greatly appreciated.