

<u>Name of Meet</u>	2009 Piranha Fall Rally November 13th -15th , 2009
<u>Meet Sanction #:</u>	NJS #111409SCB
<u>Host Club:</u>	<i>Princeton Piranhas Swim Team</i>
<u>Date of Meet:</u>	Friday, November 13 th , Saturday, November 14 th , and Sunday November 15 th , 2009
<u>Location:</u>	John Witherspoon Pool, 217 Walnut Lane, Princeton, NJ 08540. The pool is on Guyot Lane. 609-806-4310 This is an Eight-lane, 25 yard single course pool with Colorado timing system and full display board.
<u>Meet Director:</u>	Kip Hein, 609-371-2065, khein@swimppst.org
<u>Meet Referee:</u>	John Butler, 973-219-7816, j.m.butler@comcast.net
<u>Meet Marshal</u>	Julie Meirs, 609-371-2065, jmeirs@swimppst.org
<u>Entry Coordinator:</u>	Entry Coordinator, Kip Hein E-Mail: khein@swimppst.org <ul style="list-style-type: none"> • Phone: 609-371-2065 • Best time to call between 8:00AM to 3:00 PM and weekends. • Make checks payable to: Princeton Piranhas Swim Team.
<u>Entry Deadline:</u>	All entries must be either MM or TM entries. Entry Deadline: Wednesday, October 28, 2009 Mail Entries to : Princeton Piranhas Swim Team, 1156 Old York Rd., Hightstown, NJ 08520 <ul style="list-style-type: none"> • All entries will be accepted on a first come basis. • Team entries will not be considered as accepted unless the waiver and entry fees have been received. • If you are not e-mailing your entries, then overnight or express mail is recommended, <i>but waive the signature.</i> • It is not necessary to overnight or express mail your hard copy and check which are sent in support of an e-mailed entry.
<u>Meet Format Waiver:</u>	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes would be: <ul style="list-style-type: none"> • To allow more swimmers to swim. • To conform to facility capacity limits. • To condense the meet into smaller time frame. Some of the changes that can be made: 1) to change estimated start times, 2) heat limit distance events, 3) to condense sessions and 4) eliminate relays.
<u>Internet Website Posting:</u>	<ul style="list-style-type: none"> • Meet information, Hy-Tek HYV. Event files and result will be posted on the New Jersey Swimming website. www.njswim.org •
<u>Meet Requirement Statement:</u>	<ul style="list-style-type: none"> • This meet qualifies, as "one" of the three required short course meets to be eligible for the New Jersey SC Zone Championship Team or for New Jersey Championship Reimbursement.
<u>Coaches Eligibility:</u>	<ul style="list-style-type: none"> • All coaches "on the deck" must be registered members of USA Swimming. • Coaches must show coaching card for entrance to facility. • Coaches must have coaching card visible at all times while on deck. • Coaches must have a visible coach's card when entering hospitality area.

<u>Swimmer Eligibility:</u>	<p>All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events including relays. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.</p> <ul style="list-style-type: none"> • There will 9-10, 11-12, 13-14, and Senior Individual and Relay Events. • This meet is open to Teams from outside the LSC • No time standards will be used for this meet. • New Jersey Swimming only allows swimmers to compete in 3 individual events per day. Swimmers may compete in one (1) relay per day/session. • Age for this meet is calculated as of November 13, 2009
<u>Meet Format:</u>	<ul style="list-style-type: none"> • This meet will be run in accordance with current USA Swimming Rules. • The 11 & over 400 IM, 9-10 500 Free and 11 & Over 1000 Free events will be a swim on Friday evening. • All relays will be swum at the end of their session. • This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report to the blocks.
<u>Meet Schedule:</u>	<ul style="list-style-type: none"> • The building will open at 4:15PM on Friday and at 6:45AM on Saturday and Sunday. • Friday night session will be limited to 3 ½ hours. • This meet will have two sessions per day on Saturday & Sunday

Session Schedule:		Warm-up	Start
Friday PM Session 1	11 & over 400 IM, 9-10 500 free, 11 & over 1000 free Check-in by 5:00 PM	4:30 pm	5:30 pm
Saturday AM Session 2	13-14 Girls & Boys, Senior Girls & Boys Check-in by 7:30 AM	7:00 am	8:15 am
Saturday PM Session 3	9-10 & 11-12 Girls & Boys Check in by 12:45 PM	12:15 pm Approx.	1:30 pm Approx.
Sunday AM Session 4	13-14 Girls & Boys, Senior Girls & Boys Check-in by 7:30 AM	7:00 am	8:15 am
Sunday PM Session 5	9-10 & 11-12 Girls & Boys Check in by 12:45 PM	12:15 pm Approx.	1:30 pm Approx.

<u>Warm-up Procedures:</u>	<p>All teams will be given a minimum of thirty minutes of warm-ups. New Jersey Swimming Warm-up and Safety Guidelines:</p> <ul style="list-style-type: none"> • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes. • All swimmers are entitled to a fair and comparable warm-up. All teams MUST get the same opportunities for general warm-up lanes, sprint lanes, and pace lanes. • All swimmers must enter the pool from the starting end of the pool. • Uniformed and designated meet marshals will monitor warm-ups. • All general warm-up lanes will swim in a counterclockwise direction. • The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes. • Warm-up schedules will be e-mailed and posted on the website 72 hours prior to the start of the meet. • Friday night warm-up will be open warm-up with designated lanes for 9-10 swimmers only.
<u>Entry Times:</u>	<ul style="list-style-type: none"> • New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. • All entry times must be in short course yards.

<u>Check-In:</u>	<ul style="list-style-type: none"> All check-in sheets must be turned into the control room 30 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a “SCR” next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with “SCR” next to the circle. Failure to follow this procedure will result in the swimmer(s) being scratched from the session. All distance events will have a positive check-in that will be located at the scorers table. All relay events will have a positive check-in that will be located at the scorers table.
<u>Starts:</u>	<ul style="list-style-type: none"> New Jersey Swimming requires that whistle starts be used. The host club will determine if overhead starts will be used after a time line has been produced. This information will be e-mailed and posted in the pre-meet information.
<u>Friday Night Events:</u>	<ul style="list-style-type: none"> The 11 & over 400 IM, 9-10 500 free, and 11 & over 1000 Free events will be run fastest to slowest alternating girls and boys heats Heats will be combined to consolidate if appropriate. Swimmers must have their own timer and a person to count.
<u>Heat Limited Events:</u>	<p>The following events will have a limited number of heats:</p> <ul style="list-style-type: none"> The 11 & over 400 IM, 9-10 500 Free and 11 & Over 1000 Free events will be limited to 3 ½ hours. Upon receipt of all entries (as of entry closing date), these events will be seeded and any swimmer seeded below the time line limit will have a choice of remaining in the meet with expectations of scratching into the event or electing to swim another event. If a swimmer does not swim either the distance or a different event, a refund will be processed to the swimmer’s team within one week of the conclusion of the meet. The meet director will not accept any additional entries/substitutions for the distance events after the closing date. Teams and coaches will be contacted if their swimmer falls below the time line limit. This information will also be posted on the New Jersey website. www.njswim.org
<u>Relays:</u>	<ul style="list-style-type: none"> Coaches must turn their relay cards into the computer operator before the relays are swum. Relay cards should list correct swimmers names and order. Teams are limited to (2) relays per event
<u>Scoring:</u>	<ul style="list-style-type: none"> There will be No team scoring. There will be No individual scoring.
<u>Awards:</u>	<ul style="list-style-type: none"> Awards will be given in the 9-10 & 11-12 events only. Medals will be awarded for the top 3 in individual events. Ribbons will be awarded for 4th through 16th place for individual events. Medals will be awarded for the top 3 relays.
<u>Entry Fees:</u>	<ul style="list-style-type: none"> Entry Fee for individual events: \$3.00/event Relay Entry Fee: \$8.00/relay Make checks payable to: Princeton Piranhas Swim Team.
<u>Admissions and Programs:</u>	<ul style="list-style-type: none"> Admission will be \$5.00 per session. Cost of the Program will be \$10.00. Coupons will be available in the meet program to redeem a seeded program for each session. Additional seeded programs for those sessions will be \$4.00.
<u>Entries:</u>	<ul style="list-style-type: none"> In accordance with NJS policy, team entries may be submitted by E-mail to khein@swimppst.org All entries must be Hy-Tek program entries either on a 3 1/2" diskette or as an attached file to an e-mail. The meet entry coordinator will respond to e-mail entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer’s responsibility to make sure that the host club’s meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone or mail in your entries.

	<ul style="list-style-type: none"> • An entry summary with a signed NJ Swimming waiver and a check must accompany or follow each mailed entry. • Accuracy of seed times is essential. Incomplete entries will not be accepted. • Deck entries will not be accepted. No phone or faxed entries will be accepted.
<u>Results:</u>	<ul style="list-style-type: none"> • All Teams will be asked on the meet summary whether they want results mailed or e-mailed. • Result will be posted on the New Jersey website: www.njswim.org
<u>Host Club Responsibilities:</u>	<ul style="list-style-type: none"> • The host club will provide 1 timer for each lane; during the Saturday & Sunday sessions. • The host club will e-mail all club entries back to the participating clubs that are received via email. • The host club will create a warm-up schedule that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website: www.njswim.org no later than 72 hours before the meet. • The host club will create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be emailed to all participating clubs and posted on the website: www.njswim.org no later than 72 hours before the meet.
<u>Participating Club Responsibilities:</u>	<ul style="list-style-type: none"> • Participating clubs must help with timing. Timing assignments will be emailed to participating clubs and posted on the New Jersey website: www.njswim.org 72-hours prior to the meet. • Participating club parents must stay off the pool deck except for entering seating area or while timing. • Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.
<u>Concessions:</u>	Refreshments will be available in the outside hallway.
<u>Vendor:</u>	A swim host vendor will be in attendance.
<u>Hotels:</u>	<ul style="list-style-type: none"> • Holiday Inn, 100 Independence Way, 1-609-520-1200 • Staybridge Suites, 4375 Route 1, 1-609-951-0009, ask for sports group rate • Residence Inn by Marriott, 4225 Route 1, 1-732-329-9600, Includes breakfast • Princeton Courtyard by Marriott, Route 1 and Mapleton Road, 1-609-716-9100; includes breakfast.
<u>Directions:</u>	<p>From Route 1: Taking Rt. 1 towards Princeton to Rt. 571 into Princeton. You will come up through the main university campus and pass through 4 lights. You will turn at the 5th light which is Nassau Street. Rt. 571 will go off to your left; you will make a right turn onto Nassau Street. At the next traffic light turn left onto Chestnut Street. Proceed to the first stop sign. You go straight and Chestnut turns into Walnut Lane. You will go past Princeton High School on your left; the pool is at the middle school on your Right. Just after you pass the middle school you will turn right onto Guyot Lane. Park in the first parking lot on your left. The parking lot is directly across from the pool. Follow the side walk to the right of the pool and enter the main set of doors.</p> <p>From 206 north: Take Rt. 206 south into Princeton to Nassau Street. Turn left onto Nassau street and continue to Chestnut Street. At the traffic light turn left onto Chestnut Street. Proceed to the first stop sign. You go straight and Chestnut turns into Walnut Lane. You will go past Princeton High School on your left; the pool is at the middle school on your right. Just after you pass the middle school you will turn right onto Guyot Lane. Park in the first parking lot on your left. The parking lot is directly across from the pool. Follow the side walk to the right of the pool and enter the main set of doors.</p>
<u>Order of Events:</u>	Events will be swum as timed finals events. All relays will be at the end of each session. Events are listed on the next page.

Friday Night Session 1		
Warm-up 4:30 pm Meet Starts 5:30 pm		
Girls	Event	Boys
1	11 & Over 400 IM	2
3	9-10 500 Freestyle	4
5	11 & Over 1000 Freestyle	6

Saturday Morning Session 2		
Warm-up 7:00 am Meet Starts 8:15 am		
Girls	Event	Boys
7	13-14 100 Freestyle	8
9	Senior 100 Freestyle	10
11	13-14 200 Breaststroke	12
13	Senior 200 Breaststroke	14
15	13-14 200 Backstroke	16
17	Senior 200 Backstroke	18
19	13-14 100 Butterfly	20
21	Senior 100 Butterfly	22
23	13-14 200 IM	24
25	Senior 200 IM	26
27	13-14 200 Freestyle Relay	28
29	Senior 200 Freestyle Relay	30

Sunday Morning Session 4		
Warm-up 7:00 am Meet Starts 8:15 am		
Girls	Event	Boys
61	13-14 50 Freestyle	62
63	Senior 50 Freestyle	64
65	13-14 100 Breaststroke	66
67	Senior 100 Breaststroke	68
69	13-14 100 Backstroke	70
71	Senior 100 Backstroke	72
73	13-14 200 Butterfly	74
75	Senior 200 Butterfly	76
77	13-14 200 Freestyle	78
79	Senior 200 Freestyle	80
81	13-14 200 Medley Relay	82
83	Senior 200 Medley Relay	84

Saturday Afternoon Session 3		
Warm-up 12:15 pm Meet Starts 1:30 pm		
Girls	Event	Boys
31	11-12 50 Freestyle	32
33	9-10 50 Freestyle	34
35	11-12 100 Breaststroke	36
37	9-10 100 Breaststroke	38
39	11-12 100 IM	40
41	9-10 100 IM	42
43	11-12 50 Backstroke	44
45	9-10 50 Backstroke	46
47	11-12 200 Backstroke	48
49	9-10 100 Butterfly	50
51	11-12 100 Butterfly	52
53	9-10 200 Freestyle	54
55	11-12 200 Freestyle	56
57	9-10 200 Freestyle Relay	58
59	11-12 200 Freestyle Relay	60

Sunday Afternoon Session 5		
Warm-up 12:15 pm Meet Starts 1:30 pm		
Girls	Event	Boys
85	11-12 100 Freestyle	86
87	9-10 100 Freestyle	88
89	11-12 50 Breaststroke	90
91	9-10 50 Breaststroke	92
93	11-12 200 Breaststroke	94
95	9-10 100 Backstroke	96
97	11-12 100 Backstroke	98
99	9-10 50 Butterfly	100
101	11-12 50 Butterfly	102
103	11-12 200 Butterfly	104
105	9-10 200 IM	106
107	11-12 200 IM	108
109	9-10 200 Medley Relay	110
111	11-12 200 Medley Relay	112

2009 Piranha Fall Rally

Friday, Saturday and Sunday, November 13th- 15th, 2009

*****WAIVER*****

In consideration of acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA-Swimming, **Princeton Regional School District, Princeton Piranhas Swim Team**, and their staff for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are bona fide amateur athletes and eligible to compete in all the events I/we have entered.

NAME OF CLUB: _____

USS CLUB ABBREVIATION: _____

SIGNATURE OF CLUB OFFICIAL, COACH, AND/OR PARENT OR GUARDIAN:

_____ (Print Name)

_____ (Signature)

_____ (Address)

_____ (Telephone)

NAME(S) OR COACH: _____

LOCATION OF CLUB: _____ (City) _____ (State)

NAME/PHONE #/E-MAIL ADDRESS of person to contact regarding this entry:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO CONTACT REGARDING TIMERS/OFFICIALS:

NAME/PHONE #/E-MAIL ADDRESS OF PERSON TO RECEIVE FINAL RESULTS:

Meet results via e-mail --or-- Meet results via disk/hard copy

ENTRY FEE SUMMARY

_____ Individual Event Entries @ \$3.00 = ___\$

_____ Relay Event Entries @ \$8.00 = ___\$

TOTAL ENTRY FEES = ___\$

MAKE CHECKS PAYABLE TO: *Princeton Piranhas Swim Team*

New Jersey Swimming Inc.

Official Meet Verification Form

Club Name: _____ Club Code: _____

Club E-Mail Address: _____

Head Coaches Name: _____

Club Address: _____



**NEW JERSEY
SWIMMING**

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries, for the **2009 Piranha Fall Rally** to be held on **November 13th-15th 2009** are registered members of New Jersey Swimming/ United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature _____ Date _____

(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and regulations.

FALSE REGISTRATION: An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

LIST ALL UNATTACHED SWIMMERS:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____