

# Hamilton Township Recreation Hamilton Aquatic Club, Inc.

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[www.hamiltonaquatics.com](http://www.hamiltonaquatics.com)

## Stroke & Turn Clinic

March 25, April 1, 15, 22, 29, May 6, 13 – Makeup May 20

Thursday evenings at Nottingham High School

\*Pending approval of pool by Hamilton Board of Education

**Ages 4 to 18**

Non-swimmers, beginners and swimmers with competitive experience

Swimmers will be grouped by age & ability

**Times:**

Ages 4 – Middle School Session I - 5:30-6:15pm Session II – 6:15-7:00pm <b><u>Fee: \$85</u></b>	High School ONLY Session III – 7:00-7:45pm <b><u>Fee: \$95</u></b>
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### Stroke & Turn – Registration Form

Name \_\_\_\_\_ Age \_\_\_\_\_ Phone Number \_\_\_\_\_

Address \_\_\_\_\_

E-Mail \_\_\_\_\_ Parent(s) \_\_\_\_\_

Please Print Clearly – one that you check often

Session Requested – 1<sup>st</sup> Choice \_\_\_\_\_ 2<sup>nd</sup> Choice \_\_\_\_\_ Confirmation will be by phone

Swimming Ability: Non-Swimmer\_\_ Can swim short distance\_\_ Can swim length of pool\_\_  
can swim – free\_\_ fly\_\_ back\_\_ breast\_\_ swim team experience\_\_\_\_\_

Space is limited; therefore the program must be paid in advance. There will be no refunds.

**Please return registration by March 22, 2010**

**Nancy Shapiro**

**13 Gerard Rd, Hamilton, NJ 08620**

**609-585-1014**

**Make checks payable to HAC, Inc.**